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# Ibudilast attenuates astrocyte apoptosis via cyclic GMP signalling pathway in an in vitro reperfusion model

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- 1 We examined the effect of 3-isobutyryl-2-isopropylpyrazolo[1,5-a]pyridine (ibudilast), which has been clinically used for bronchial asthma and cerebrovascular disorders, on cell viability induced in a model of reperfusion injury.
- 2 Ibudilast at 10-100  $\mu$ M significantly attenuated the H<sub>2</sub>O<sub>2</sub>-induced decrease in cell viability.
- 3 Ibudilast inhibited the  $H_2O_2$ -induced cytochrome c release, caspase-3 activation, DNA ladder formation and nuclear condensation, suggesting its anti-apoptotic effect.
- **4** Phosphodiesterase inhibitors such as theophylline, pentoxyfylline, vinpocetine, dipyridamole and zaprinast, which increased the guanosine-3',5'-cyclic monophosphate (cyclic GMP) level, and dibutyryl cyclic GMP attenuated the H<sub>2</sub>O<sub>2</sub>-induced injury in astrocytes.
- 5 Ibudilast increased the cyclic GMP level in astrocytes.
- **6** The cyclic GMP-dependent protein kinase inhibitor KT5823 blocked the protective effects of ibudilast and dipyridamole on the  $\rm H_2O_2$ -induced decrease in cell viability, while the cyclic AMP-dependent protein kinase inhibitor KT5720, the cyclic AMP antagonist Rp-cyclic AMPS, the mitogen-activated protein/extracellular signal-regulated kinase inhibitor PD98059 and the leuko-triene  $\rm D_4$  antagonist LY 171883 did not.
- 7 KT5823 also blocked the effect of ibudilast on the  $\rm H_2O_2$ -induced cytochrome c release and caspase-3-like protease activation.
- 8 These findings suggest that ibudilast prevents the H<sub>2</sub>O<sub>2</sub>-induced delayed apoptosis of astrocytes *via* a cyclic GMP, but not cyclic AMP, signalling pathway.

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**Keywords:** 

Ibudilast; apoptosis; cyclic GMP; caspase-3; cytochrome c release; astrocyte

**Abbreviations:** 

Ac-DEVD-MCA, acetyl-L-aspartyl-L-glutamiyl-L-valyl-L-aspartic acid  $\alpha$ -(4-methyl-coumaryl-7-amide); cyclic GMP, guanosine-3',5'-cyclic monophosphate; EDTA, ethylenediaminetetraacetic acid; EGTA, ethylene glycol-bis ( $\beta$ -amino ethyl ether) tetraacetic acid; ERK, extracellular signal-regulated kinase; MAP, mitogen-activated protein; MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide; PDE, phosphodiesterase; PK, protein kinase

## Introduction

3-Isobutyryl-2-isopropylpyrazolo[1,5-a]pyridine (ibudilast) has vasodilating, anti-platelet and anti-leukotriene effects (Fukuyama *et al.*, 1993; Kawasaki *et al.*, 1992; Ohashi *et al.*, 1986a, b), and it is widely used in Japan for bronchial asthma and cerebrovascular disorders. Previous *in vitro* studies showing that ibudilast prevents exicitotoxicity in cultured oligodendroglial cells (Yoshioka *et al.*, 1998; 2000) and neurons (Tominaga *et al.*, 1996) may support the effectiveness of ibudilast in cerebrovascular diseases. These effects may be mediated partly by an increase in the cyclic AMP level *via* an inhibition of phosphodiesterase (PDE) (Souness *et al.*, 1994) or a decrease in intracellular Ca<sup>2+</sup> concentration (Yanase *et al.*, 1996). On the other hand, there is little information on the effect of ibudilast on astrocytic injury, although astrocytes

play physiologically and pathologically important roles in neuronal activities (Murphy & Pearce, 1987; McCarthy & Salm, 1991). Recent studies show that astrocytic apoptosis may play a role in brain injuries such as spinal trauma and cerebral ischaemia (Gallo & Ghiani, 2000; Ju *et al.*, 2000; Liu *et al.*, 1997; Pantoni *et al.*, 1996; Petito *et al.*, 1998).

We previously showed that incubation of cultured rat astrocytes with Ca<sup>2+</sup>-containing medium after exposure to Ca<sup>2+</sup>-free medium caused an increase in intracellular Ca<sup>2+</sup> concentration followed by delayed cell death, including apoptosis (Matsuda *et al.*, 1996; 1997; Takuma *et al.*, 1999). This injury is considered to be an *in vitro* model of ischaemia/reperfusion injury, because a similar paradoxical change in extracellular Ca<sup>2+</sup> concentration is reported in ischaemic brain tissue (Siemkowicz & Hansen, 1981; Silver & Erecinska, 1992; Kristian *et al.*, 1994). Subsequently, we have found that the Ca<sup>2+</sup> reperfusion injury was mimicked by

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reperfusion after exposure to hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) (Takuma et al., 1999). This injury, like cerebral ischaemic injury, was protected by heat shock proteins (Takuma et al., 1996b). The reperfusion injury models using Ca<sup>2+</sup> depletion and H<sub>2</sub>O<sub>2</sub> exposure may contribute to clarification of the mechanisms of drugs which ameliorate ischaemia/reperfusioninduced brain dysfunction. Our recent studies using the astrocytic injury models show that the neuroprotective compounds FK506 (Matsuda et al., 1998), NGF (Takuma et al., 2000a), (1R)-1-benzo[b]thiophen-5-yl-2-[2-(diethylamino)ethoxy]ethan-1-ol hydrochloride (T-588) (Takuma et al., 2000a), and 2,3-dimethoxy-5-methyl-6-(10-hydroxydecyl)-1,4benzoquinone (CV-2619) (Takuma et al., 2000b) inhibit astrocytic apoptosis. The effects of these drugs, which are mediated by calcineurin, the mitogen-activated protein (MAP)/extracellular signal-regulated kinase (ERK) kinase and phosphatidylinositol-3 kinase pathways, draw attention to other mechanisms likely to be important in astrocytic injury.

In this study, we examined the effect of ibudilast on reperfusion injury after exposure to  $H_2O_2$ -containing medium in cultured rat astrocytes and studied the mechanism underlying the effect of ibudilast. The present study demonstrates that ibudilast has an anti-apoptotic effect in cultured astrocytes and cyclic GMP, but not cyclic AMP, plays a role in the downstream mechanism.

## Methods

#### Materials

Drugs were obtained from the following sources: mouse antiglial fibrillary acidic protein antiserum, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT), theophylline, pentoxyfylline, vinpocetine, dipyridamole, zaprinast, LY 171883, dibutyryl cyclic GMP, isolectin B<sub>4</sub> (Biotin labelled), Sigma Chemical Co. (St. Louis, MO, U.S.A.); Rp-cyclic AMPS, RBI (Natick, MA, U.S.A.); cilostamide, KT5823, KT5720, Calbiochem (La Jolla, CA, U.S.A.); BIOTRAK cyclic GMP enzyme immunoassay system, Amersham Pharmacia Biotech. U.K., Ltd. (Buckinghamshire, U.K.); mouse anti-cytochrome c antibody (clone 7H8.2C12), Pharmingen (San Diego, CA, U.S.A.); 7-amino-4-methylcoumarin, acetyl-L-aspartyl-L-glutamiyl-L-valyl-L-aspartic acid α-(4-methyl-coumaryl-7-amide) (Ac-DEVD-MCA), Peptide Institute, Inc. (Osaka, Japan); Eagle's minimum essential medium, Nissui Pharmaceutical Co., Ltd. (Tokyo, Japan), tissue culture ware, Iwaki Glass Co., Ltd. (Tokyo, Japan). Ibudilast was a gift from Kyorin Pharmaceutical Co., Ltd. (Tochigi, Japan). All other chemicals used were of the highest purity commercially available. All experiments were performed according to the guiding principles for the care and use of laboratory animals approved by the Japanese Pharmacological Society.

# Astrocytic culture

Astrocytes were isolated from the cerebral cortices of 1-dayold Wistar rats as previously reported (Takuma *et al.*, 1994; 1995; 1996a). Briefly, the tissue was dissociated with protease and cultured in minimum essential medium containing 10% foetal calf serum and 2 mM of glutamine. Cells were plated in 75-ml tissue culture flasks, split once upon confluence, and plated in 24-well (for MTT assay) and 96-well (for cyclic GMP and caspase assays) plastic tissue culture plates and 60-mm (for DNA ladder) and 100-mm (for cytochrome c release) plastic tissue culture dishes. For measurements of caspase activity and cyclic GMP level, the cells were seeded in flat bottom microtiter plates. The second cultures were grown for 14-20 days in all experiments. The cells were routinely >95% positive for glial fibrillary acidic protein, and approximately 2% of the cells were microglia, based on positive isolectin  $B_4$  staining.

### Cell viability

Experiments of H<sub>2</sub>O<sub>2</sub>-induced injury were carried out using confluent astrocytes in foetal calf serum-free medium as previously reported (Takuma *et al.*, 2000a, b). Cells were exposed to H<sub>2</sub>O<sub>2</sub> (100 μM)-containing Earle's solution for 30 min, and then incubated with normal Earle's solution without H<sub>2</sub>O<sub>2</sub> for the indicated times. Cell viability was determined by MTT reduction activity as previously reported (Matsuda *et al.*, 1996; Takuma *et al.*, 1999). MTT reduction activity is expressed as a percentage of the control. Dibutyryl cyclic GMP, Rp-cAMP, pentoxyfylline and theophylline were dissolved in phosphate-buffered saline. Other drugs were dissolved in dimethyl sulphoxide and diluted with Earle's solution to make the desired final concentration. The final concentration of dimethyl sulphoxide was less than 0.1%, which did not affect the cell viability.

#### DNA ladder and Hoechst 33342 staining

DNA ladder and Hoechst 33342 staining experiments were carried out to examine the involvement of apoptosis. DNA was extracted and subjected to 1.8% agarose gel electrophoresis as previously reported (Takuma *et al.*, 2000a, b). DNA in the gel was stained with ethidium bromide and photographed with the Polaroid instant films (type 667) under u.v. light. To observe individual nuclei, the cells plated on a chamber slide were fixed with 10% formaldehyde and stained with Hoechst 33342 as previously reported (Takuma *et al.*, 1999; 2000b).

#### Measurement of cytochrome c release

Most apoptotic pathways converge on the activation of a caspase cascade that is amplified by a positive feedback loop involving the release of cytochrome c from mitochondria (Budihardio et al., 1999). Cytosol and membrane fractions were prepared as previously reported (Araya et al., 1998). Briefly, cells plated on 100 mm dishes were washed twice with cold phosphate-buffered saline, scraped off, and collected by centrifugation at 300  $\times$  g for 10 min at 4°C. The pellet was suspended in 75  $\mu$ l of lysis-buffer (in mm: Tris pH 7.4 50, ethylenediaminetetraacetic acid (EDTA) 1, ethylene glycolbis (β-amino ethyl ether) tetraacetic acid (EGTA) 1, sucrose 250, phenylmethylsulfonyl fluoride 1,  $2 \mu g ml^{-1}$  leupeptin and 1  $\mu$ g ml<sup>-1</sup> pepstatin A). The homogenate was centrifuged at  $105,000 \times g$  for 1 h at 4°C, and the resulting pellet was resuspended in 200 µl of lysis-buffer. The protein contents of the cytosol and membrane fractions were determined by a BioRad DC protein assay (BioRad Laboratories, Hercules, CA, U.S.A.), and 15  $\mu$ g of the sample was subjected to SDS-polyacrylamide gel electrophoresis (15% polyacrylamide). A cytochrome c antibody (1:1000) was used for immunoblotting.

## Measurement of caspase activity

The activity of caspase-3-like protease in cell lysates was measured using the fluogenic substrate Ac-DEVD-MCA (Armstrong *et al.*, 1997). After treatment, the cells were washed twice with phosphate-buffered saline and lysed in 52.5  $\mu$ l of buffer A (in mm: HEPES 10 pH 7.4, KCl 42, MgCl<sub>2</sub> 5, EDTA 1, EGTA 1, dithiothreitol 1, phenylmethylsulphonyl fluoride 1, 0.5% CHAPS, 1  $\mu$ g ml<sup>-1</sup> pepstatin A, 5  $\mu$ g ml<sup>-1</sup> aprotinin, and 1  $\mu$ g ml<sup>-1</sup> leupeptin). Then, 50  $\mu$ l of the lysates were incubated with 150  $\mu$ l of buffer B (in mm: HEPES 25, EDTA 1, dithiothreitol 3, 0.1% CHAPS, 10% Sucrose) containing 25  $\mu$ m Ac-DEVD-MCA at 37°C for 1 h. The released 7-amino-4-methyl-coumarin levels were measured with excitation at 355 nm and emission at 460 nm using a Wallac Multilabel counter.

# Measurement of cyclic GMP level

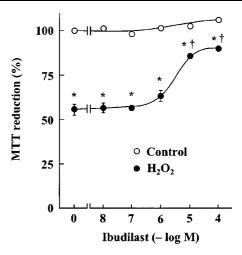
Intracellular cyclic GMP level was determined by a competitive enzyme immunoassay according to the manufacturer's instructions. Briefly, cells plated in 96-well culture plates were washed twice with prewarmed phosphate-buffered saline and treated with Earle's solution containing the drugs at 37°C for 30 min. After removing the medium, 200 µl of lysis-reagent containing 0.5% dodecyltrimethylammonium bromide was added to extract intracellular cyclic GMP. Then, the samples and standards were acetylated and transferred into the appropriate wells of microtiter plates coated with donkey anti-rabbit IgG. The acetylated cyclic GMP was incubated first with rat anti-cyclic GMP antibody at 4°C for 2 h, and then with horseradish peroxidaseconjugated cyclic GMP at 4°C for 1 h. All wells were washed four times and reacted with the substrate. Absorbance at 450 nm were determined by a microtiter plate reader, and a standard curve ranging from 2-500 fmol well<sup>-1</sup> was used to calculate unlabelled cyclic GMP in each well. Data are expressed as fmol of cyclic GMP per well.

# Data analysis

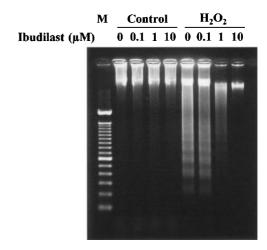
Statistical analysis of the experimental data was carried out by Student-Newman-Keuls test, Dunnett's *t*-test or Tukey HSD test, using a software package (Stat View 5.0) for Apple Macintosh.

# Results

Incubation after exposure of astrocytes to  $H_2O_2$ -containing medium caused a significant decrease in MTT reduction activity, in agreement with the previous finding (Takuma *et al.*, 1999). Ibudilast attenuated the  $H_2O_2$ -induced decreases in MTT reduction activity in a dose-dependent manner (Figure 1). Furthermore, ibudilast inhibited the  $H_2O_2$ -induced formation of a DNA ladder (Figure 2), and nuclear



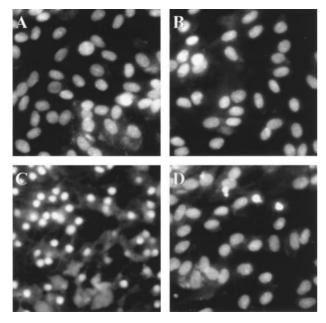
**Figure 1** Effect of ibudilast on  $H_2O_2$  exposure/reperfusion-induced cell injury in cultured rat astrocytes. Cells were exposed to normal (open circles) or  $100~\mu M~H_2O_2$  (closed circles) for 30 min, and then incubated with Earle's solution for 23.5 h. The indicated concentrations of ibudilast were added 30 min before  $H_2O_2$  exposure and were present until assay. Results are means  $\pm$  s.e. for 10 wells and were obtained from five separate experiments. \*P<0.01, significantly different from control (Student-Newman-Keuls test);  $\dagger P$ <0.01, significantly different from the values without ibudilast (Dunnett's t-test).



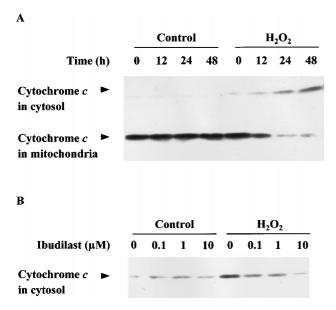
**Figure 2** Effect of ibudilast on DNA ladder formation induced by  $\rm H_2O_2$  exposure/reperfusion in cultured rat astrocytes. Cells were exposed to normal (control) or  $100~\mu M~H_2O_2$  for 30 min, and then incubated with Earle's solution for 5 days. Ibudilast was added 30 min before  $\rm H_2O_2$  exposure and was present until assay. A typical result of two independent experiments is shown (M: 100 bp marker).

condensation (Figure 3). These data are suggestive of ibudilast attenuating apoptotic injury. Reperfusion after exposure of astrocytes to  $\rm H_2O_2$  caused an increase in cytochrome c in the cytosol fraction and a decrease in the protein in the mitochondrial fraction (Figure 4A). Ibudilast inhibited the release of cytochrome c from the mitochondria in a dose-dependent way (Figure 4B). Figure 5 shows that ibudilast also inhibited the  $\rm H_2O_2$ -induced increase in caspase-3 like activity in a dose-dependent way.

The effects of PDE inhibitors and dibutyryl cyclic GMP on the  $H_2O_2$ -induced injury in astrocytes are shown in Figure 6. The nonselective PDE inhibitors theophylline and pentoxyfyl-

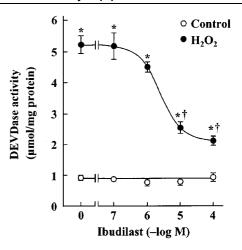


**Figure 3** Effect of ibudilast on nuclear condensation induced by  $H_2O_2$  exposure/reperfusion in cultured rat astrocytes. Cells were preincubated in the absence (A, B) and presence (C, D) of  $100~\mu\text{M}$   $H_2O_2$  for 30 min, and incubated with Earle's solution for 3 days. Ibudilast ( $10~\mu\text{M}$ ) was added 30 min before  $H_2O_2$  exposure and was present until assay (B, D). The cells were fixed and stained with  $6.15~\mu\text{g ml}^{-1}$  Hoechst 33342.

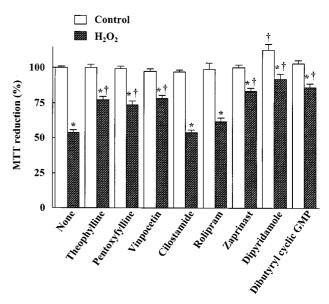


**Figure 4** Effect of ibudilast on cytochrome c release from mitochondria induced by  $\rm H_2O_2$  exposure/reperfusion in cultured rat astrocytes. (A) Time course of translocation of cytochrome c from the mitochondrial to cytosol fractions. Cells were exposed to normal (control) or  $100~\mu\rm M$   $\rm H_2O_2$  for 30 min, and then incubated with Earle's solution for the indicated time. (B) Dose-response for the effect of ibudilast. Cells were exposed to normal (control) or  $100~\mu\rm M$   $\rm H_2O_2$  for 30 min, and then incubated with Earle's solution for 23.5 h. Ibudilast was added 30 min before  $\rm H_2O_2$  exposure and was present until assay. Cytochrome c in the cytosol fraction is shown. The typical results of three independent experiments are shown.

line, the cyclic GMP PDE inhibitors vinpocetine, dipyridamole and zaprinast and the cyclic GMP analogue dibutyryl



**Figure 5** Effect of ibudilast on the reperfusion-induced increase in DEVDase activity in cultured rat astrocytes. Cells were exposed to normal (control) or  $100~\mu M~H_2O_2$  for 30 min, and then incubated with Earle's solution for 23.5 h. Ibudilast was added 30 min before  $H_2O_2$  exposure and was present until assay. Results are means ± s.e.mean for 10 wells and were obtained from two separate experiments. \*P<0.01, significantly different from control (Student-Newman-Keuls test); †P<0.01, significantly different from the values without ibudilast (Dunnett's t-test).



**Figure 6** Effects of PDE inhibitors and dibutyryl cyclic GMP on  $H_2O_2$  exposure/reperfusion-induced injury in cultured rat astrocytes. Cells were exposed to normal (open columns) or  $100~\mu M$   $H_2O_2$  (hatched columns) for 30 min, and then incubated with Earle's solution for 23.5 h. Theophylline (30 μM), pentoxyfylline (100 μM), vinpocetine (50 μM), cilostamide (100 nM), rolipram (100 μM), zaprinast (10 μM), dipyridamole (10 μM), and dibutyryl cyclic GMP (100 μM) were added 30 min before  $H_2O_2$  exposure and were present until assay. Results are means ±s.e.mean for 9–19 wells and were obtained from 3–5 separate experiments. \*P<0.01, significantly different from control (Student-Newman-Keuls test); †P<0.01, significantly different from the values without ibudilast (Dunnett's t-test).

cyclic GMP had the similar protective effect on the  $H_2O_2$ -induced injury. In contrast, the cyclic AMP PDE inhibitors cilostamide and rolipram had no effect on the cell injury. Ibudilast increased intracellular the cyclic GMP level in

astrocytes in a dose-dependent manner (Figure 7A). The PDE inhibitors that protected astrocytes against the H2O2-induced injury also increased intracellular cyclic GMP level (Figure 7B). The leukotriene D<sub>4</sub> antagonist LY 171883 and the ERK inhibitor PD98059 did not affect the protection provided by ibudilast against the H<sub>2</sub>O<sub>2</sub>-induced injury (data not shown).

The effects of the cyclic GMP-dependent protein kinase (PK) inhibitor KT5823, the cyclic AMP-dependent PK inhibitor KT5720 and the cyclic AMP antagonist Rp-cyclic AMPS on the protection provided by ibudilast against cell injury induced by reperfusion after exposure to H<sub>2</sub>O<sub>2</sub> are shown in Figure 8. KT5823 (2  $\mu$ M) attenuated the protective effect of ibudilast on the decrease in MTT reduction activity, but KT5720 and Rp-cyclic AMPS did not. KT5823 also attenuated the effect of ibudilast on the H2O2-induced cytochrome c release (Figure 9A) and caspase-3-like protease activation (Figure 9B).

## **Discussion**

Ibudilast has a beneficial effect on ischaemia/reperfusioninduced brain dysfunction (Ohashi et al., 1986a, b; Yanase et al., 1996). In addition, previous in vitro studies show that ibudilast has a protective effect against exitotoxicity in cultured oligodendorocytes (Yoshioka et al., 1998; 2000), neurons (Tominaga et al., 1996) and hippocampal slices (Yanase et al., 1996). However, there is little information on the effect of ibudilast on astrocytic injury. We report here that ibudilast protects cultured astrocytes against cell injury induced by reperfusion after exposure to H<sub>2</sub>O<sub>2</sub>. This injury caused apoptosis as determined by formation of a DNA ladder and nuclear condensation, and ibudilast inhibited these apoptotic changes. This is the first evidence that ibudilast has an anti-apoptotic effect. We further observed that ibudilast inhibited apoptosis-related biochemical processes such as cytocrome c release from mitochondria and

caspase-3 activation. These observations suggest that the antiapoptotic effect of ibudilast is partly due to protection of the mitochondria against the H2O2-induced damage, although the exact mechanism is not known.

Iibudilast has an anti-leukotriene activity (Etoh et al., 1990). However, the leukotriene D<sub>4</sub> receptor antagonist

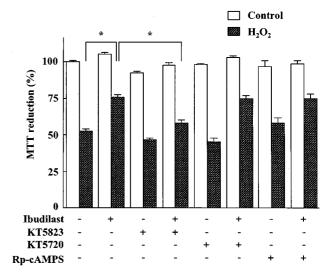


Figure 8 Effects of KT5823, KT5720 and Rp-cyclic AMPS on the protection provided by ibudilast against H2O2 exposure/reperfusioninduced injury in cultured rat astrocytes. Cells were exposed to normal (open columns) or 100  $\mu$ M H<sub>2</sub>O<sub>2</sub> (hatched columns) for 30 min, and then incubated with Earle's solution for 23.5 h. Ibudilast (10  $\mu$ M) was added 30 min before  $H_2O_2$  exposure and present until assay. KT5823 (2  $\mu$ M), KT5720 (2  $\mu$ M) and Rp-cyclic AMPS (100  $\mu$ M) were added 60 min before  $H_2O_2$  exposure and were present until assay. Results are means ± s.e.mean for 10-32 wells, and were obtained from 5–16 separate experiments. \*P<0.05, significant from the values of ibudilast alone (Tukey-HSD test).

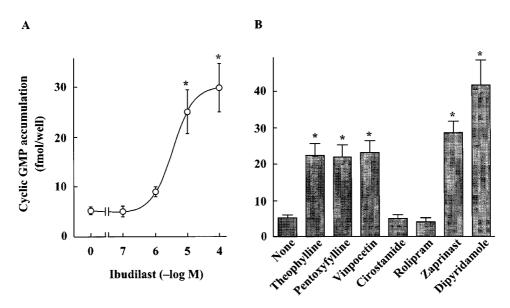


Figure 7 Effects of ibudilast (A) and PDE inhibitors (B) on the cyclic GMP level in cultured rat astrocytes. Cells were treated for 30 min with the indicated concentrations of ibudilast, theophylline (30 µM), pentoxyfylline (100 µM), vinpocetine (50 µM), cilostamide (100 nm), rolipram (100 μm), zaprinast (10 μm), and dipyridamole (10 μm). Results are means ± s.e.mean for eight wells, and were obtained from two separate experiments. \*P<0.01, significantly different from the values without drug (Dunnett's t-test).

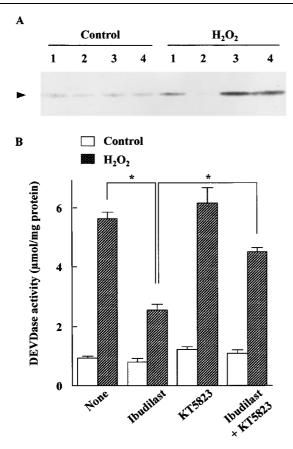


Figure 9 Effect of KT5823 on the inhibition by ibudilast of the reperfusion-induced cytochrome c release (A) and DEVDase activation (B) in cultured rat astrocytes. Open and hatched columns are control cells and  $\rm H_2O_2$  exposed cells, respectively. Cells were exposed to normal or  $100~\mu\rm M$   $\rm H_2O_2$ -containing medium for 30 min, and then incubated with Earle's solution for 23.5 h. Ibudilast (10  $\mu\rm M$ ) and KT5823 (2  $\mu\rm M$ ) were added 30 and 60 min before  $\rm H_2O_2$  exposure, respectively, and present until assay. (A) Cytochrome c in the cytosol fraction is shown. The lanes 1, 2, 3 and 4 are none, ibudilast, KT5823 and KT5823 plus ibudilast, respectively. A typical result of two independent experiments is shown. (B) Caspase-3-like protease activity. Results are means $\pm$ s.e.mean for 10-20 wells obtained from 2-4 separate experiments. \*P<0.05, significant from the values of ibudilast alone (Tukey-HSD test).

LY171883 did not affect the H<sub>2</sub>O<sub>2</sub>-induced cell injury. Alternatively, previous studies show that ibudilast is an inhibitor of PDE, and suggest that the effect of ibudilast is mediated partly by cyclic AMP (Souness et al., 1994; Niwa et al., 1995; Suzumura et al., 1999; Yoshioka et al., 2000). We examined the effects of several PDE inhibitors to clarify the possible involvement of cyclic AMP signalling pathway in the protective effect of ibudilast on the H<sub>2</sub>O<sub>2</sub>-induced astrocytic injury. Unexpectedly, we found that only the inhibitors that elevated the cyclic GMP level protected astrocytes against the H<sub>2</sub>O<sub>2</sub>-induced injury. That is, the cyclic GMP PDE inhibitors vinpocetine, dipyridamole and zaprinast, and the nonselective PDE inhibitors theophylline and pentoxyfylline had a protective effect on the astrocytic injury, while the cyclic AMP PDE inhibitors cilostamide and rolipram did not. We also observed that dibutyryl cyclic GMP protected astrocytes against the H<sub>2</sub>O<sub>2</sub>-induced injury and ibudilast increased the cyclic GMP level in astrocytes. These observations, together with the evidence that astrocytes possess cyclic GMP PDE (Agullo & Garcia, 1997), suggest that the protective effect of ibudilast on the astrocytic injury is mediated *via* a cyclic GMP, but not cyclic AMP, signalling pathway. The involvement of cyclic GMP in the effect of ibudilast is also reported in isolated human platelets: ibudilast inhibits cyclic GMP hydrolysis more potently than cyclic AMP hydrolysis (Kishi *et al.*, 2000).

The present study further showed that the cyclic GMPdependent PK inhibitor KT5823, but not the cyclic AMPdependent PK inhibitor KT5720, blocked the effect of ibudilast on the H<sub>2</sub>O<sub>2</sub>-induced astrocytic injury including apoptosis. KT5823 also blocked the protective effect of dipyridamole on the astrocytic injury. These findings suggest that the effects of ibudilast and dipyridamole are mediated via a cyclic GMP-dependent, but not cyclic AMP-dependent, PK. The importance of cyclic GMP-dependent PK as an antiapoptotic signal is also shown in PC12 cells (Kim et al., 1999). On the other hand, cyclic AMP activates not only cyclic AMP-dependent PK, but also MAP/ERK kinase in PC12 cells (Barrie et al., 1997). However, the MAP/ERK inhibitor PD98059 did not affect the protective effect of ibudilast. Furthermore, the cyclic AMP antagonist Rp-cyclic AMPS did not affect the protective effect of ibudilast. These findings suggest that a cyclic AMP signal pathway may not be involved in the effect of ibudilast on the H<sub>2</sub>O<sub>2</sub>-induced astrocytic injury.

Although cyclic GMP had a protective effect on astrocytic injury in a reperfusion model using H<sub>2</sub>O<sub>2</sub> exposure, we previously observed that 8-bromo cyclic GMP exacerbated astrocytic injury in a reperfusion model using Ca<sup>2+</sup> depletion (Matsuda et al., 1996). The effect of cyclic GMP analogue on the Ca2+ paradox injury may be explained by further increases in intracellular Ca2+ concentration via the Na+/ Ca2+ exchanger in the reverse mode, since cyclic GMP stimulates the exchanger (Asano et al., 1995). Nevertheless, we have found in a preliminary experiment that ibudilast had a protective effect on the Ca2+ paradox injury, as the case of H<sub>2</sub>O<sub>2</sub> exposure/reperfusion-induced injury reported here. This suggests that a cyclic GMP-independent mechanism may be involved in the effect of ibudilast on the Ca<sup>2+</sup> paradox injury. It should be noted that such a mechanism is unlikely to involve inhibition of toxic factors tumour necrosis factor-α or nitric oxide, since the protective concentrations in the present study are 10 times less than those found to suppress production of these factors (Suzumura *et al.*, 1999)

In conclusion, we demonstrate that ibudilast has an antiapoptotic effect in an *in vitro* reperfusion model using  $H_2O_2$ exposure, and suggest that the effect is mediated *via* a cyclic GMP/cyclic GMP-dependent PK pathway, although the exact site in the pathway is not known.

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